

## **Treatment of erosive abrasive defects**

Filip Georges, M.D.D.

More and more often, dentists encounter abraded teeth in their patients. Exogenous intake of acidic beverages is the most common cause of erosive dental defects. Consumption of sugary, acidic beverages is becoming common, especially in children. For example, in the USA, adolescents aged 12-19 years drink on average of 1.5 L of sugary drinks per day. Due to this negative phenomenon of globalization, we are faced with the need to treat erosive - abrasive defects in increasingly younger people. In my lecture, I will focus on the treatment of non-cariogenic defects according to the amount of loss of hard dental tissues. In my lecture, I will focus on the treatment of non-cariogenic defects according to the amount of loss of hard dental tissues. We will review treatments ranging from minimally invasive to complex treatments, with or without the aid of orthodontics.