

Mandibular molars distalization in Aligner Digital Orthodontics: a strategical option for Class III malocclusion

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Mandibular molars distalization is a treatment option not commonly possible to apply in conventional fixed biomechanics (without TADs) because of the immediate extrusion of molars with consequent anterior openbite. The use of aligners widened this possibility since extrusion of the molars is well controlled by the thickness of the aligners, however a limitation is represented by the age of the patient and the anchorage system. A schematic approach in the different ages will be presented with aligners only and combining aligners and TADs.