

Cooperation between orthodontist and dental technician in current practice

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With the increasing number of patients interested in treatment in maxillo-orthopaedic outpatient clinics and at the same time the increasing demand of patients for results and faster and more efficient orthodontic treatment, there is a need to change the procedures in the outpatient clinics themselves. This has been going on for several years. However, as technology improves and is introduced into practice, new opportunities for cooperation are constantly being created not only between the dentists themselves, but also within the orthodontic team.

I see higher demands on the collaborative team in the fact that technology allows us to delegate part of the routine preparation and work to colleagues - assistants, dental technicians, digital assistants. Taking photos of patients, taking X-rays as well as patient scanning have already become a commonplace in outpatient clinics.

From the outpatient clinic to the dental laboratory, we transfer the work we have done directly in the patient's mouth thanks to 3D technology/ palatal arches, lingual arches, fixed retainers, spacers... / We prepare digitally, in cooperation with technicians, retention appliances, retention Essix splints, hyraxes, carriers for indirect bonding, or foil appliances to deal with small recurrences.

The work is more accurate, saves the doctor's time as well as the number of patient visits in the outpatient clinic.